



Convergent Research Case Study: NSF Nanosystems Engineering Research Center for Advanced Self-Powered Systems of Integrated Sensors and Technologies (ASSIST)

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Distinguished Professor, ECE, NC State University
ERC Planning Workshop, September 21st, 2021

NC STATE UNIVERSITY



Outline

- ▶ Vision and Mission
- ▶ Engineered systems, testbeds and enabling research
- ▶ Innovation Ecosystem
- ▶ Education Mission
- ▶ Diversity and Culture of inclusion
- ▶ Metrics and Impact
- ▶ Wish we knew these in Year 1!

ASSIST's vision evolved through numerous iterations and discussions with clinical, industry and community stakeholders

We knew we were on the right track when in 1 sentence we got people excited about our vision

The most important criteria: people should readily recognize that your vision solves a big societal problem

Chronic Diseases and COVID-19

CHRONIC DISEASES IN AMERICA

6 IN 10
Adults in the US
have a **chronic disease**

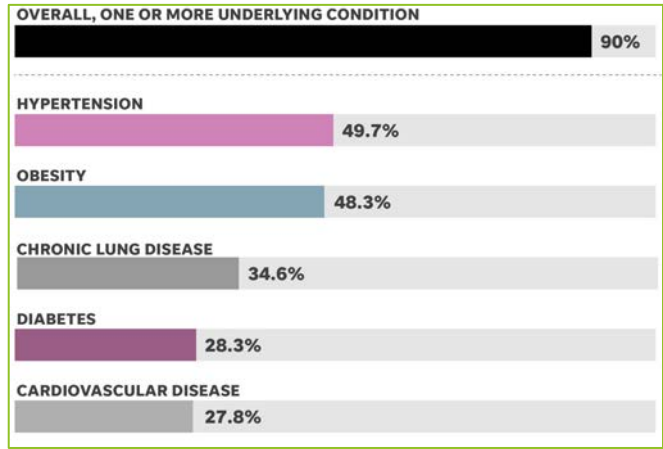


4 IN 10
Adults in the US
have **two or more**

THE LEADING CAUSES OF DEATH AND DISABILITY
and Leading Drivers of the Nation's **\$3.5 Trillion** in Annual Health Care Costs

- HEART DISEASE
- CANCER
- CHRONIC LUNG DISEASE
- STROKE
- ALZHEIMER'S DISEASE
- DIABETES
- CHRONIC KIDNEY DISEASE

CDC, NCCDPHP, 2020



Hospitalized Patients (usatoday.com)

Mary Ann Liebert, Inc. publishers
Celebrating 40 Years

Population Health Management, Ahead of Print | Point of View Free Access

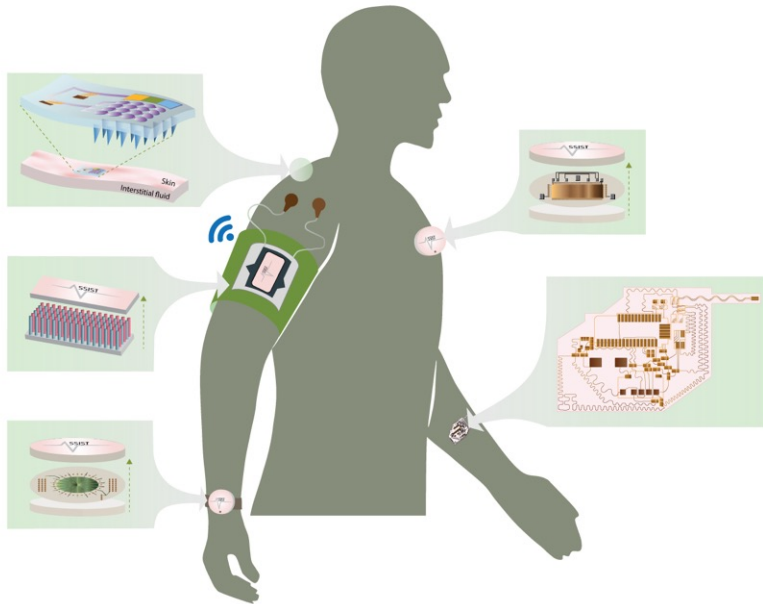
Pandemic Makes Chronic Disease Prevention a Priority

Karen S. Kmetik, Alexis Skoufalos and David B. Nash

Published Online: 12 Jun 2020 | <https://doi.org/10.1089/pop.2020.0126>

Population Health Management, 2020

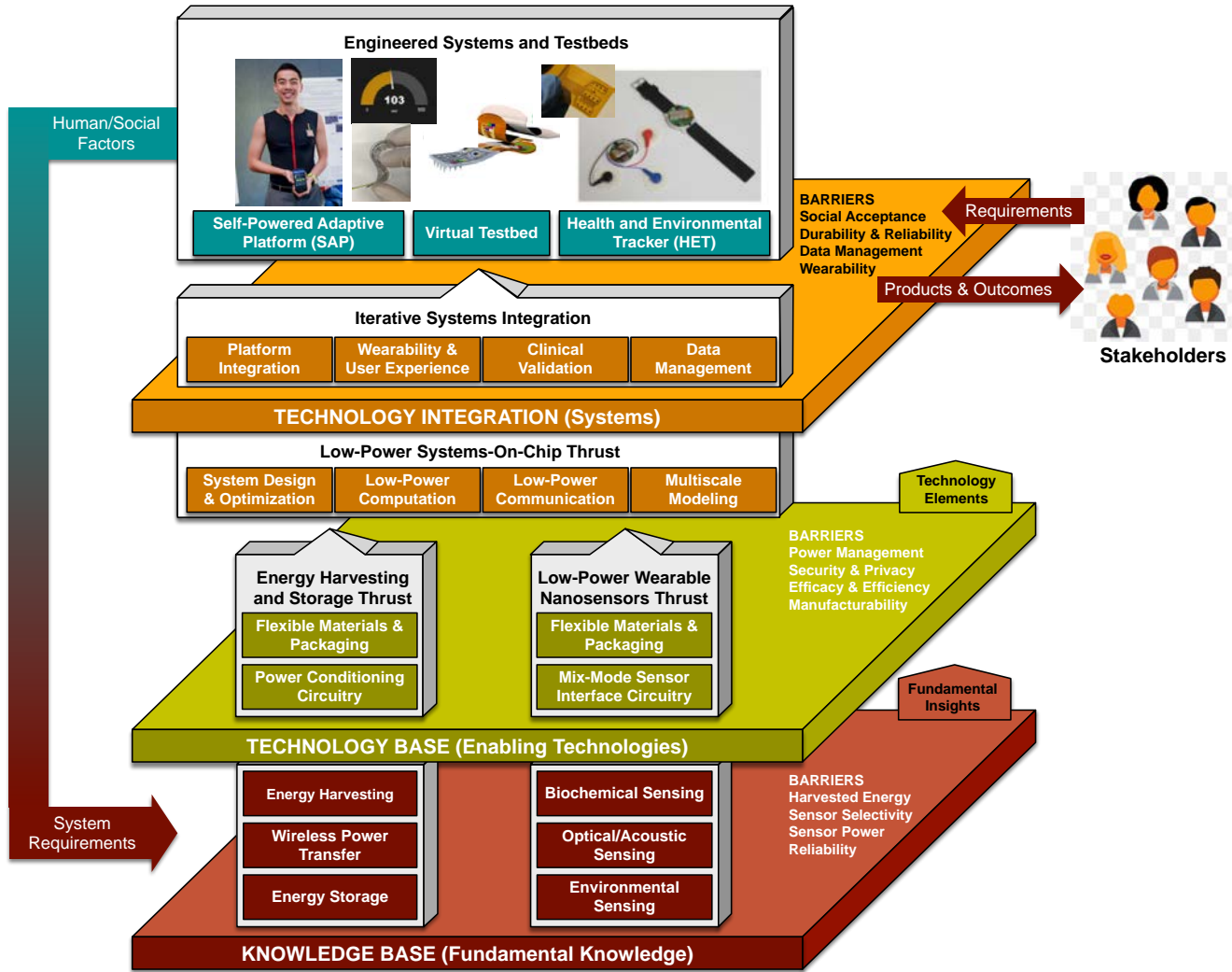
ASSIST's vision is to create self-powered sensing, computing, and communication systems to enable data-driven insights for a smart and healthy world



- Self-powered
- Physiological, biochemical and environmental sensors
- Wearable, wireless and comfortable
- Informative and continuous data

ASSIST enables continuous health monitoring for chronic disease management

- ▶ Continuous operation via self-powered/low powered electronics
- ▶ Multimodal sensing of physiological, biochemical & environmental targets
- ▶ New digital biomarkers from correlating different sensor data streams
- ▶ Explain/ Influence/ Predict health outcomes
- ▶ Gain fundamental insight into disease origins

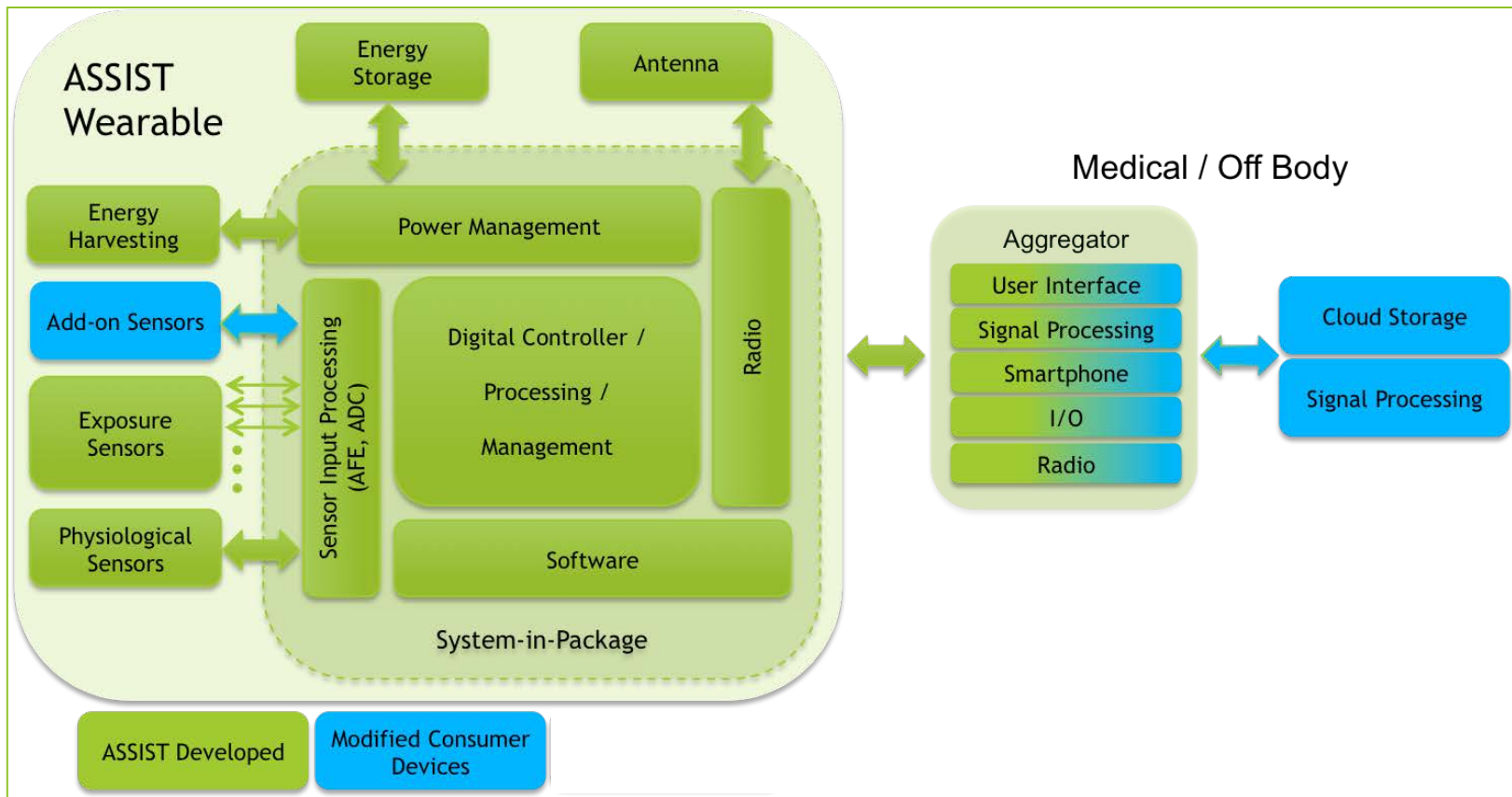


Defining the ASSIST's engineered system

Connecting our engineered system to Testbed

*Recognizing how powerful the Testbed is to drive
research success and Center cohesion*

ASSIST's Engineered System



ASSIST's Targeted Health Use Cases



Michelle Hernandez,
MD, UNC



Randall Moorman,
MD, UVA



David Peden, MD
UNC



Ayse Belger, PhD,
Neuroscience and
Psychiatry, UNC



Robert Kirsner,
MD
Univ. of Miami



Nirmish Shah, MD
Duke



Delesha
Carpenter, Ph.D.
UNC Eschelman
School of
Pharmacy



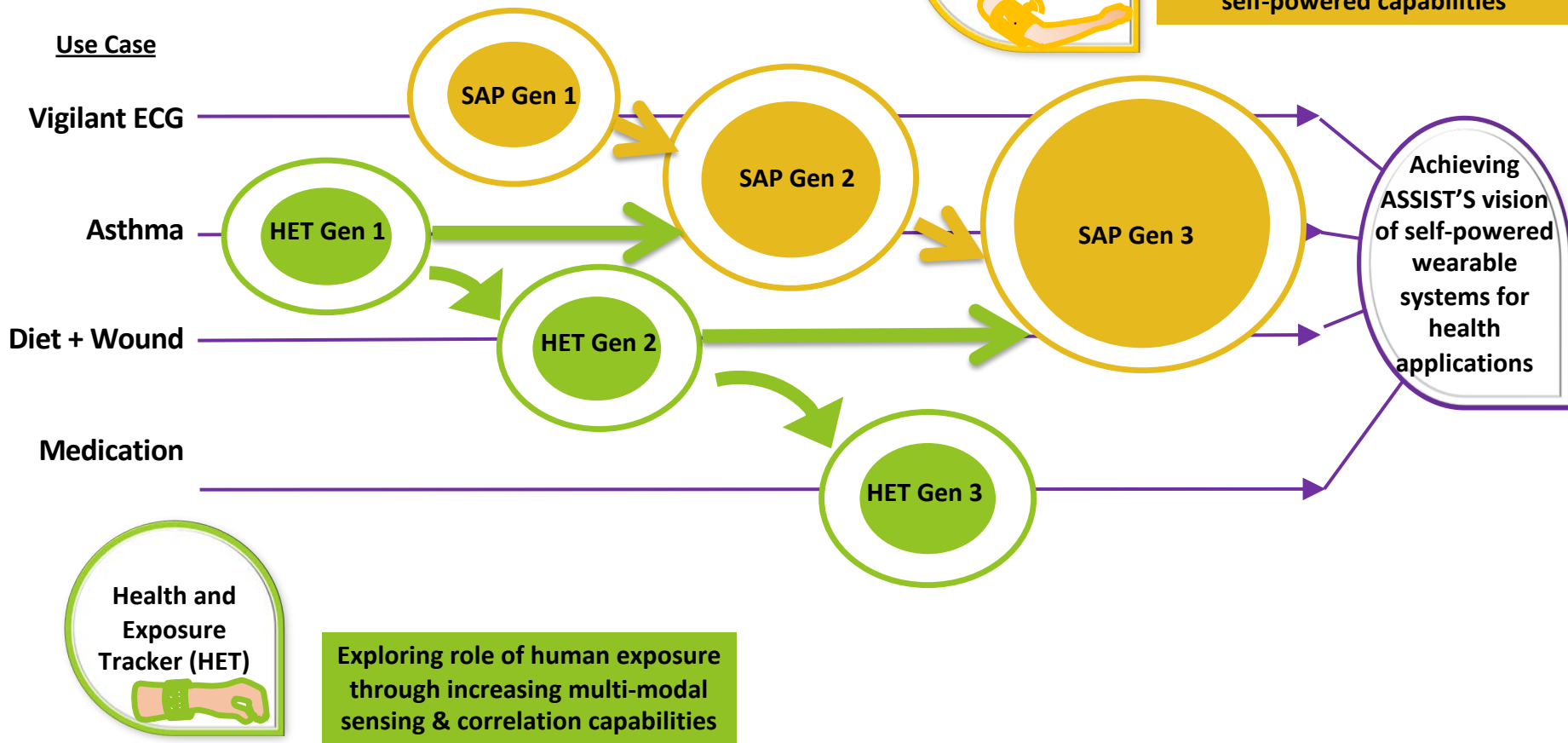
Jon Piccini, M.D.,
Duke Cardiology



Dr. Sean
Pokorney, M.D.,
Duke Cardiology

1. Asthma (1 in 12 Americans)
2. Atrial Fibrillation (>600,000 deaths per year)
3. Diet management in pre-diabetics (36% adults w/BMI > 30kg/m²)
4. Wound Healing in Post-surgery/diabetic patients (~\$15B)
5. Medication Detection (> \$300B avoidable costs)

ASSIST Roadmap



ASSIST's research thrusts must be driven by the needs of the systems and its use cases, i.e. Testbeds

Research Thrust and Systems Testbed Thrust interact with each other iteratively.

Research portfolio MUST be excellent, convergent and dynamic

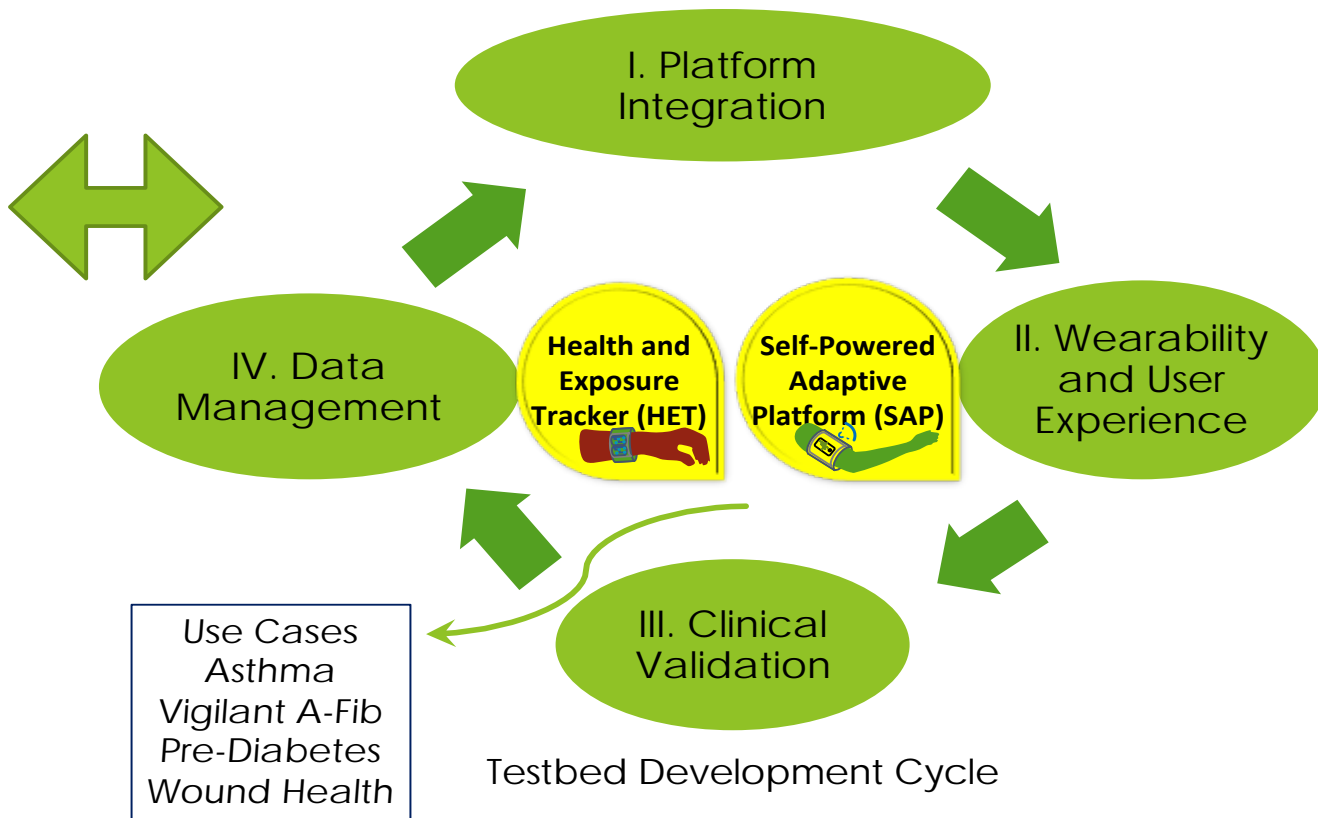
Research Thrusts

Energy Harvesting
and StorageLow Power
NanosensorsLow Power systems
on chip

Systems Testbeds Thrusts

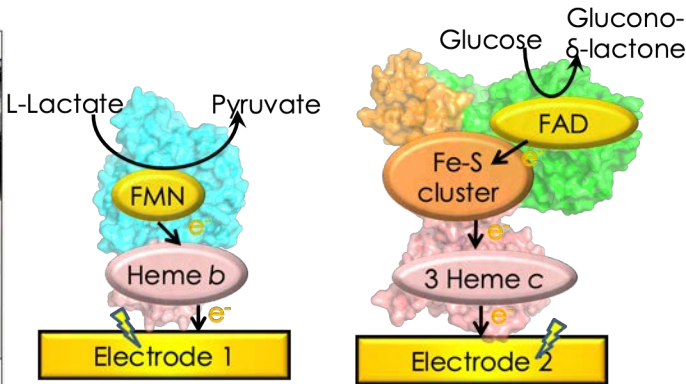
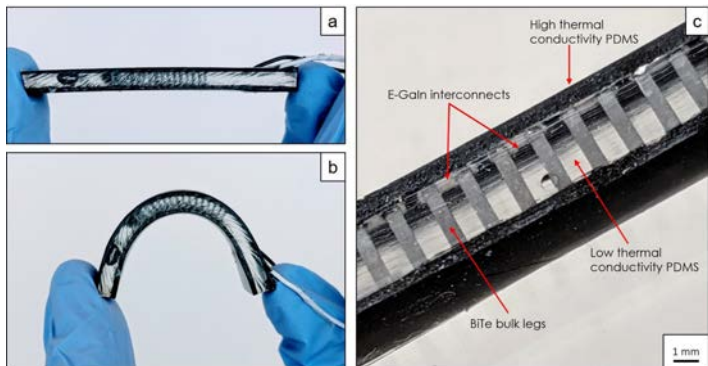
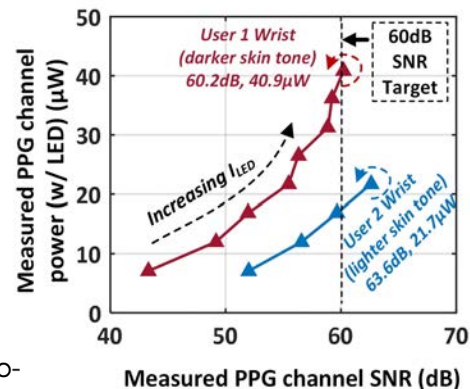
I. Platform
IntegrationII. Wearability
and User
ExperienceIII. Clinical
ValidationIV. Data
ManagementHealth and
Exposure
Tracker (HET)Self-Powered
Adaptive
Platform (SAP)Use Cases
Asthma
Vigilant A-Fib
Pre-Diabetes
Wound Health

Testbed Development Cycle



ASSIST Convergent Research

- ASSIST thermoelectrics have highest reported efficiencies via liquid metals for stretchability
- ASSIST's low power electronics designed and refined for human body
- Sweat collection using osmotic pressure with material design
- New enzymes for energy harvesting from sweat for human body
- MEMS for ultrasound energy transfer to implanted sensors



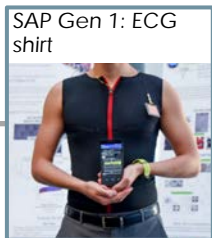
ASSIST's Testbed Driven Wearable Systems



Use cases: Vigilant atrial-fibrillation, asthma monitoring, diet management, wound monitoring and medication compliance

Use Case

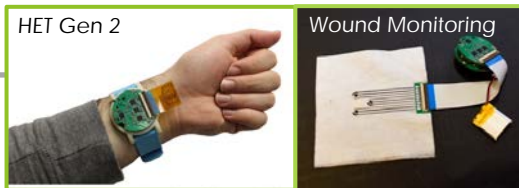
Vigilant ECG



Asthma



Diet & Wound



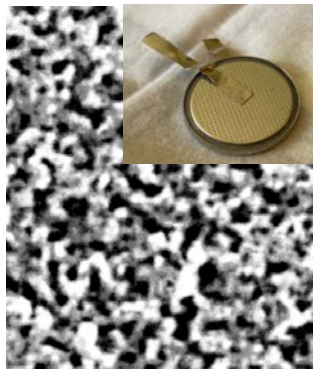
Medication



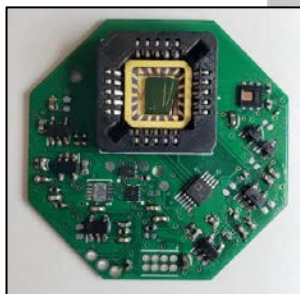
Achieving ASSIST's vision of self-powered wearable systems for healthcare



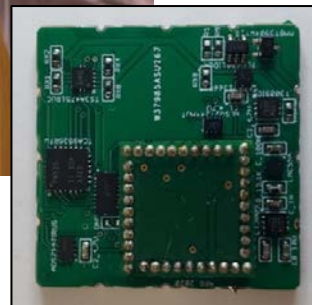
Flexible TEGs with
integrated solar cell



Supercapacitor with
high capacitance
retention



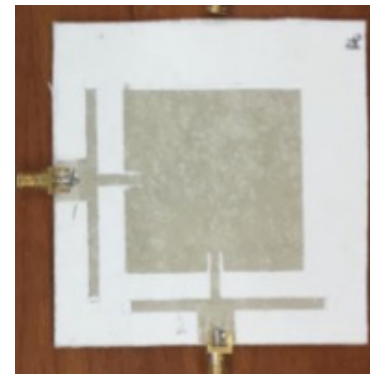
Custom AFE with
Ozone & ECG



Compressed
Sensing PPG



Washable ECG
electrodes and cabling



Screen-Printed Full
Duplex antenna

Industry program is the most critical aspect of
an ERC

*It needs effective recruiting and retention
strategies*

*Consider including industry in all Center
activities*

*Find a balance between large firms and startup
firms*

Industry Programming

- ▶ Successful track record of startups and licensing



- ▶ Industry enabling new ASSIST funding



- ▶ Exploring new models of industry engagement

- ▶ Industry webinars
- ▶ Joint technology development
- ▶ Joint Publications



*Educational activities thrive when customized
and tailored to the Center mission*

*Education team should seek additional funding
early on*

Involve industry in student development

Innovation in Education

Wearable Device Challenge K-12 Engineering Competition



- 15 middle/high school teams at NCSU, 14 expected at PSU
- > 1,750 students
- > 80 Teachers

Nanoscience Minor and Capstone Projects



- 5 Capstone Teams in Yr 7, 30 total
- Multidisciplinary minor enrollment
- 33% win awards!

Translational Engineering Skills Program



- Systems Thinking
- Entrepreneurship/Innovation
- Industry/Manufacturing
- Mentoring/Leadership
- Communication
- Ethics/Diversity Awareness

*Diversity and Culture of Inclusion should not be
a separate activity*

*While diversity is measurable, culture is much
harder to measure*

Measure and discuss your culture of inclusion

Diversity and ASSIST's Culture of Inclusion

Effective Mentoring: A Catalyst to Improved Climate for Research Productivity

Second Session in 2021 Series

Date: June 2, 2021

Time: 11:30 AM to 2:30 PM

RSVP by May 24th, 2021 to attend [here!](#)

Facilitators:

1. Olga Qaqish, PhD
Engineering Postdoc. & Lecturer
2. Ashleigh Wright, PhD
Program Coordinator for NSF SEAS Research
3. Joel Ducoste, PhD
Engineering Professor & Interim Associate Dean

DCI Committee, May 2021



Women's Keynote Presentation featuring Susan Trolier-McKinstry

Wednesday, December 2
11:30 am - 1:00 pm

- ▶ Research proposal on transgender women with HIV @UNC
- ▶ PPG human subject studies SBIR on hydration monitoring with Onda Vision



ONDA VISION TECHNOLOGIES, LLC.
Seeing Beyond The Surface



William Reynolds ·
Founder at Onda Vision



Trolier-McKinstry
Keynote: *Crafting a Scientific Career from Successes and Failures*



Misra, chair of ECE search committee



ASSIST's distinguished speaker series

Stéphanie P. Lacour,

May 20, 2021 | 10am - 11am EDT

Soft bioelectronics for wearable and implantable interfaces

Measuring and marketing your success is critical!

Measuring the productivity of your team is critical!

Find stable physical and digital spaces for regular and safe communication

Final messages...Wish we knew these early!

- ▶ Systems Integration
 - ▶ Get a dedicated systems integration team upfront
- ▶ Center Cohesion
 - ▶ Establish a strong, robust, regular communication strategy (weekly if possible)
 - ▶ Make meetings meaningful
- ▶ Research Portfolio
 - ▶ Don't start with a large team
 - ▶ Annual proposals and quarterly reviews are your best friends. Use boards effectively
 - ▶ Keep adding new blood in the Center
- ▶ External engagements
 - ▶ Send prototypes to as many people as possible!
 - ▶ Have a fantastic website that is also industry facing and market yourself early
- ▶ Leaders of core pillars (non-tenure track) also need retention strategies
- ▶ Legacy and sustainability
 - ▶ Grow leaders in your Center. They are the future.
 - ▶ Keep your Deans informed of good and bad issues frequently
 - ▶ Write new Center focused proposals: early.
- ▶ As the director, put aside at least 50% of your time to lead the Center!

- ▶ NSF EEC-1160483
- ▶ ASSIST Industry members
- ▶ ASSIST PIs, staff and students

ASSIST Membership

Full



Associate



Affiliate



ASSIST Team (PIs and their Students)

- | | | |
|----------------------------|--------------------------|----------------------|
| ▶ Mehmet Ozturk | ▶ Alper Bozkurt | ▶ Michael Daniele |
| ▶ Michael Dickey | ▶ Omer Oralkan | ▶ Orlin Velev |
| ▶ Ben Calhoun | ▶ Bongmook Lee | ▶ Michael Dickey |
| ▶ Jess Jur | ▶ Veena Misra | ▶ Shekhar Bhansali |
| ▶ John Lach | ▶ James Dieffenderfer | ▶ Shubhendu Bhardwaj |
| ▶ Doug Werner | ▶ Edgar Lobaton | |
| ▶ Dave Wentzloff | ▶ Michelle Hernandez, MD | |
| ▶ Susan Trolrier-McKinstry | ▶ Michael Lim | |
| ▶ Shad Roundy | | |
| ▶ Mehdi Kiani | | |





THANK YOU