



Integrating Sustainability into Engineering Courses:

MEAM 1010 Introduction to Mechanical Design (Fall 2023)

MEAM 2300 Bicycles: The Mechanical Advantage (Spring 2024)

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Procedure and Progress

Partners: Jessi West (Neighborhood Bike Works)

Sarah Stuart (Bicycle Coalition of Greater Philadelphia)

Jarrett Stein (University of Pennsylvania – Netter Center, Rebel Ventures)

Monique Dowd (University of Pennsylvania – Nursing)

Introduction

MEAM 1010

- Course taught every semester to ~85 students (1/3 mechanical engineers)
- Limited engineering course options for 1st year students outside of math/physics core courses
- Limited course offerings overall that involve sustainability
- Integrate sustainability into MEAM 1010 to reach 95% of mechanical engineers and many other students & majors
- Implement SolidWorks sustainability add-in and leverage EOP learning outcomes in Design, Materials Selection, and

MEAM 2300

- New class designed for 1st-2nd vear students that will incorporate sustainability
- Uses bicycles as a platform for teaching topics that range from statics and dynamics to transportation engineering
- · List class as Academically **Based Community Service** (ABCS) course
- Neighborhood Bike Works
- Bicycle Coalition of Greater Philadelphia
- Leverage EOP learning outcomes from Critical Thinking, Social Responsibility, Systems Thinking, and Teamwork

☐ Manufacturing ☐ End of Life Duration of Use : Material Financial Impact

 Created "Attitudes towards sustainability" survey based on existing literature to establish a baseline

MEAM 1010

 Implemented SolidWorks sustainability add-in to an existing project. Students had to design wooden puzzle cubes and start with a default set of material and assumptions in the add-in (wood, manufactured in Asia, used in North America, etc.). Then, they had to change at least two things, note the impact, and reflect on the differences.

Changing manufacturing region to Europe ■ Transportation Material

MEAM 2300

- Course successfully rostered and designated as an Academically Based Community Service (ABCS) course. It is currently full with a growing waitlist.
- · Continued work with original partners
- Neighborhood Bike Works
 - •Will train 8 students as volunteer bike mechanics and participate in guest lecture
- Bicycle Coalition of Greater Philadelphia
- ·Will provide eventbased volunteer opportunities and participate in guest lecture
- Integrated major new partner(s) through Penn4C
- Jarrett Stein of Netter Center, Rebel Ventures
- Monique Dowd, Nursing
- Students will design and utilize bike-powered blenders with local high school students

Impact and Scaling

MEAM 1010

- Integrate sustainability into more exercises & projects
- Create better methods to evaluate impact
- Apply for IRB and publish pre/post attitudes towards sustainability

MEAM 2300

 Build out course content and assignments to specifically leverage EOP learning outcomes from Critical Thinking, Social Responsibility, Systems Thinking, and

Communication and

Teamwork

 Continue work with new partners to scale up smoothie bike project from one to three high schools and create smoothie bike labs

Both

SASEE Engineering for One Planet

 Continue to document progress in ASEE Conference paper "Sustainability in **Engineering Graphics** and Bicvcle-Powered Blenders" (accepted to ASEE 2024)

References

1. The Lemelson Foundation (2022). The Engineering for One Planet Framework: Essential Sustainability-focused Learning Outcomes for Engineering Education (2022). Retrieved [December 19, 2023] from EOP Framework 2023.pdf (engineeringforoneplanet.org)



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